

*Mammograms are  
essential for earlier  
detection.*

## **Compression = better visualization**

Always remember compression allows better quality mammograms by evening out the breast thickness so that all the tissue can be visualized.\*

Encourage the women in your life to get their annual screening mammogram after age 40.\*\*



\*[www.radiologyinfo.org](http://www.radiologyinfo.org)

\*\*[www.breastcancer.org](http://www.breastcancer.org)